

# Pool Chemical Injuries—United States, 2008–2017

Michele Hlavsa, RN, MPH  
Epidemiologist/Healthy Swimming &  
Model Aquatic Health Code

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# Outline

- Background
- 2008–2017 U.S. pool chemical injury data
- Prevention recommendations
  - Model Aquatic Health Code (MAHC)

# Pool Chemicals

- Chlorine/bromine
  - Add to aquatic venues to disinfect water
  - Most bacteria and viruses killed/inactivated within minutes
    - Can take days to kill *Cryptosporidium*
- Acid
  - Ideal pH range: 7.2–7.8
    - Maintain proper pH to ensure pathogens killed/inactivated and balance with preventing corrosion and swimmer comfort
    - $\geq 8.0$  can decrease disinfection and cause irritation
    - $< 7.0$  can cause corrosion and cause irritation

# Chloramines

- Disinfection byproducts formed when free chlorine combines with organic matter (e.g., sweat, urine, feces) that swimmers bring into water
- Can remain in water or evaporate in air



# Dataset

- U.S. Consumer Product Safety Commission (CPSC):  
National Electronic Injury Surveillance System (NEISS)
- Nationally representative sample of ~100 U.S. hospitals
- Data collected on emergency department (ED) visits for injuries involving consumer products
- Variables:
  - Product code (pool chemicals = 938)
  - Patient age, sex, race/ethnicity
  - Injury diagnosis
  - Affected body part
  - Patient disposition
  - Incident location
  - Narrative

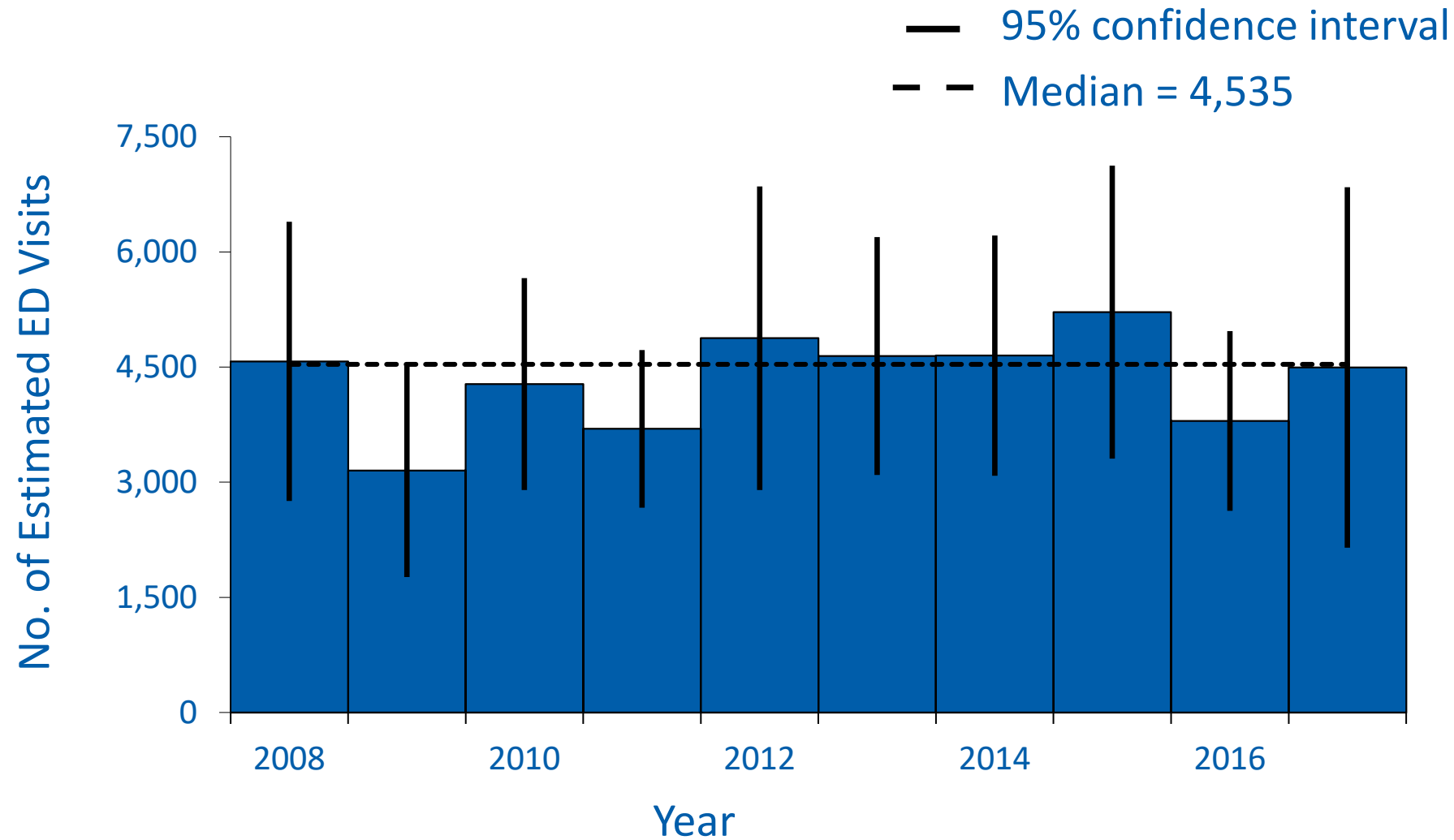
## Methods

- Each case weighted based on probability of hospital being selected
- Weights summed to produce national estimates
- 95% confidence intervals calculated according to CPSC's direct variance method
  - Accounts for complex sampling design
- SAS version 9.4 used to analyze data

## Results

- During 2015–2017, an estimated 13,500 ED visits for pool chemical injuries
- Almost  $\frac{2}{3}$  of injuries occurred during the summer swim season (Memorial Day weekend through Labor Day)

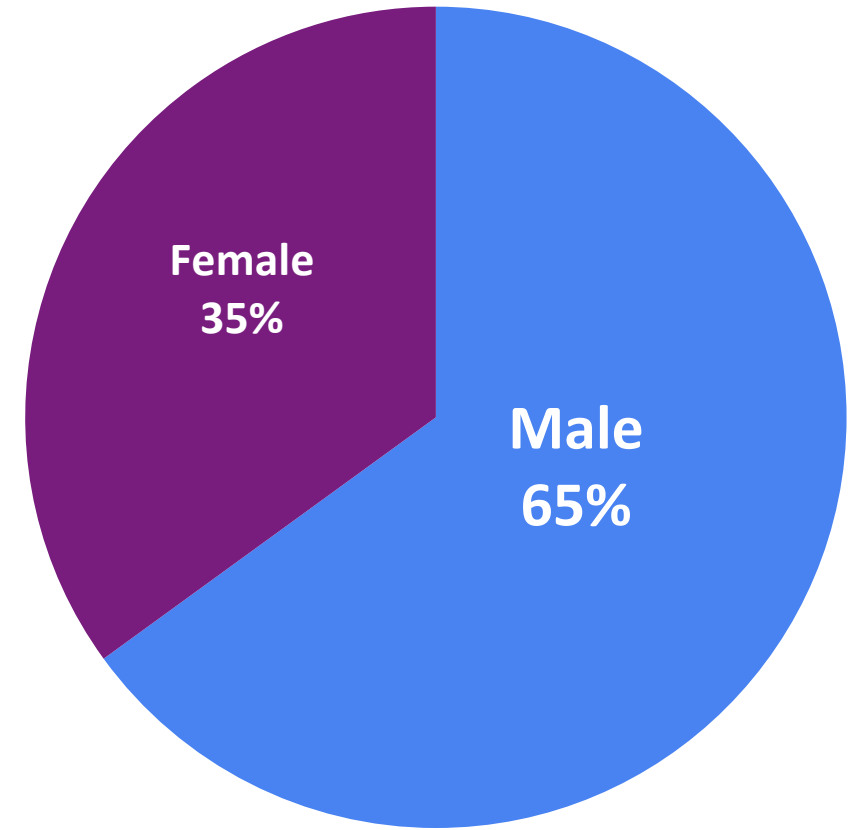
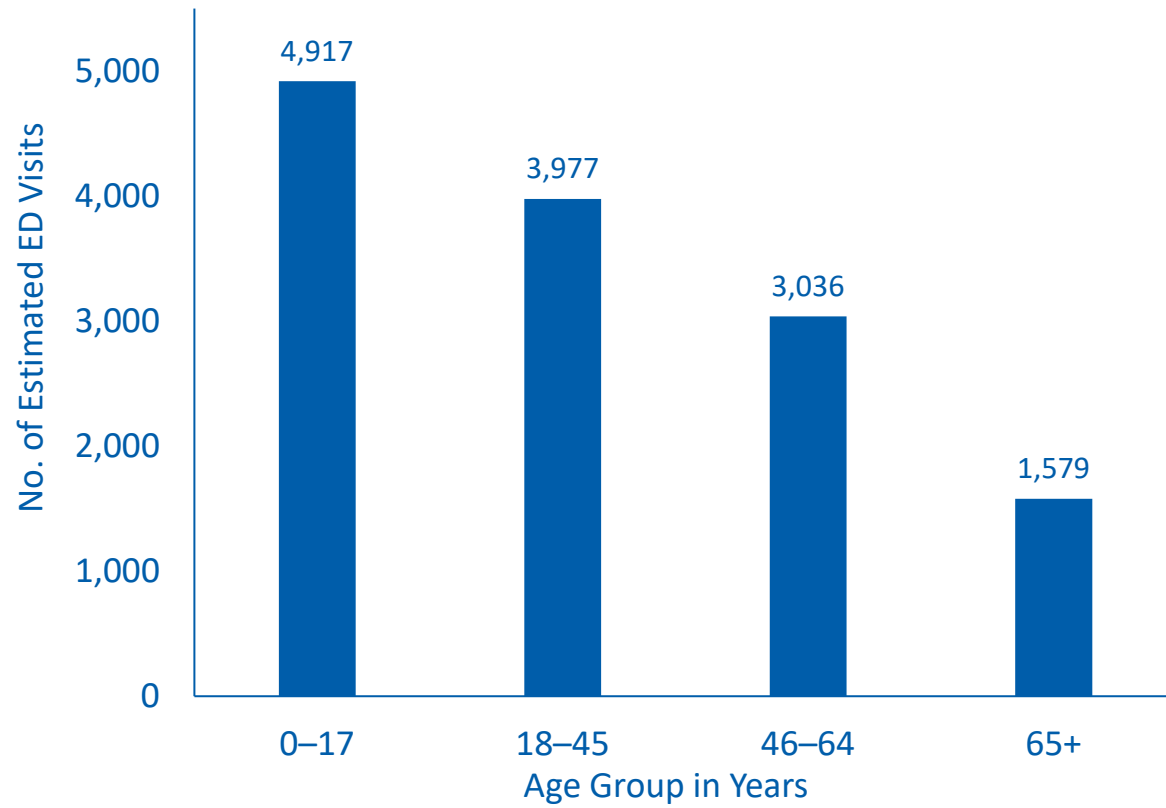
# Estimated Number of Emergency Department (ED) Visits for Pool Chemical Injuries — United States, 2008–2017





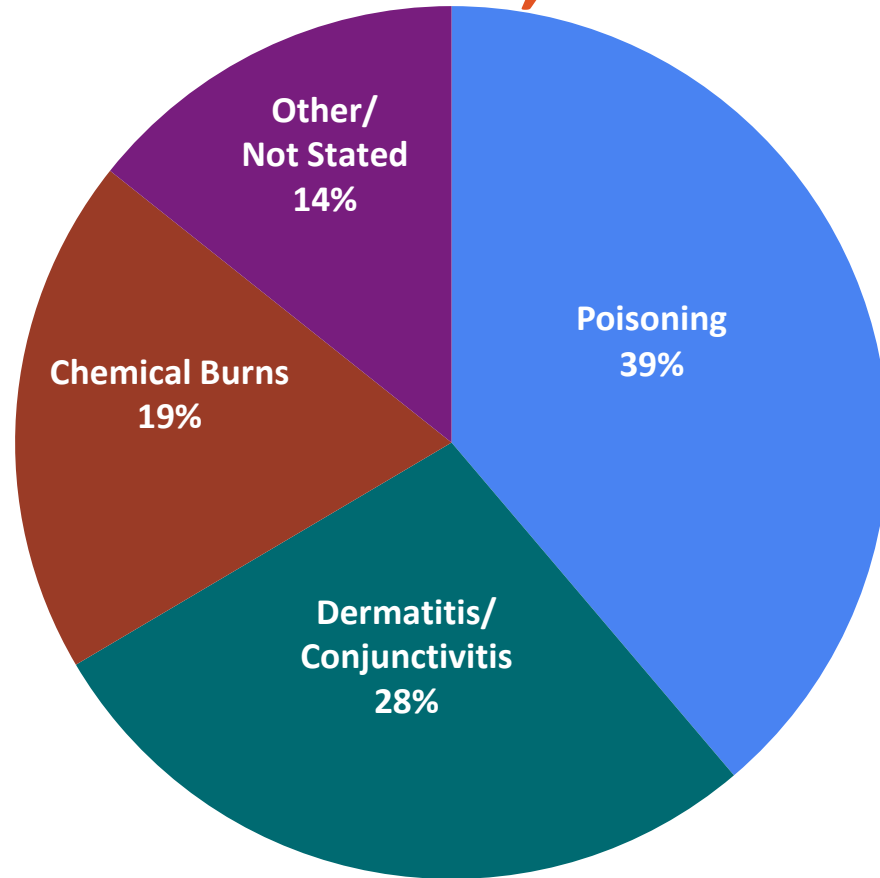


# Demographics of Patients Visiting Emergency Department (ED) for Pool Chemical Injuries United States, 2015–2017



\* Estimates might not sum to total because of rounding.

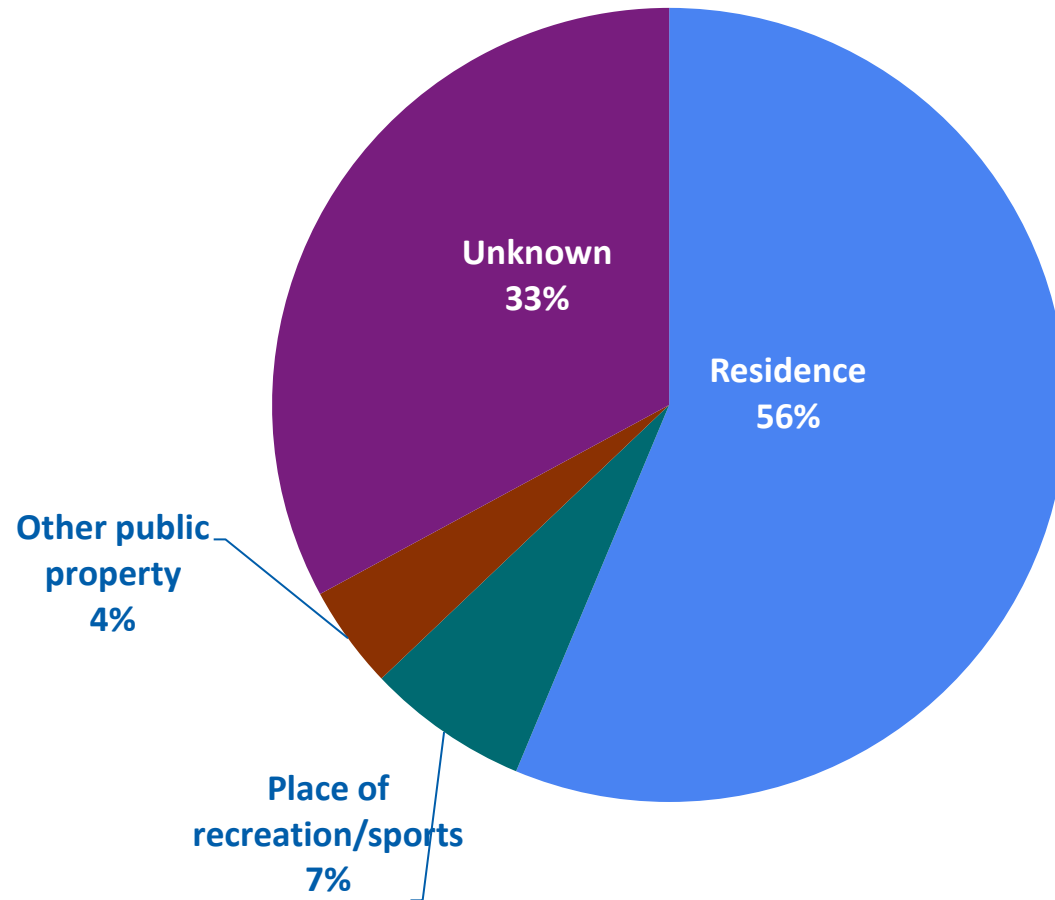
# Injury Diagnosis for Patients Visiting Emergency Department for Pool Chemical Injuries United States, 2015–2017



Pool chemical injuries most frequently resulted when

- Opening containers and breathing in vapor, fumes, or gases
- Adding pool chemicals right before swimmers entered the water
- Not keeping pool chemicals out of reach of children and teens

# Incident Location of Pool Chemical Injuries Leading to Emergency Department Visits United States, 2015–2017



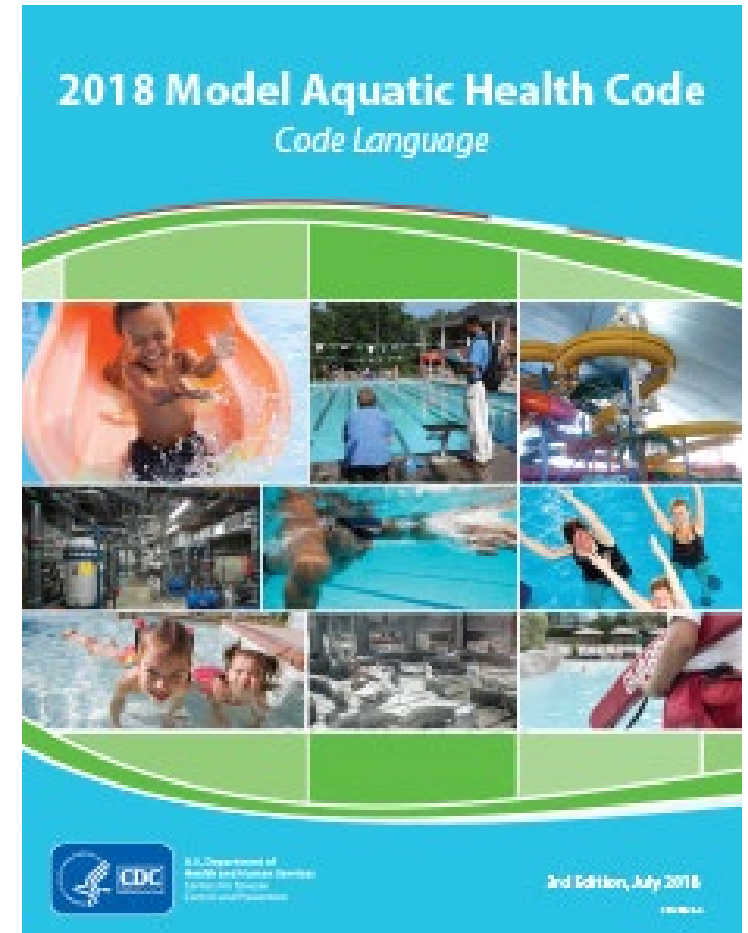
- Individual pool chemical events at public aquatic venues injure more people

## Limitations

- Don't capture pool chemical injuries that don't lead to ED visit
- Minimal/missing data on pool chemical injuries in NEISS
- Only most severe diagnosis recorded—some injuries might be missed
- Injury-causing chemical could be misidentified (e.g., eye irritation could be caused by chloramines, not chlorine itself)
- Water chemistry changes quickly—hard to determine etiology of injuries

# Model Aquatic Health Code (MAHC)

- Recommendations
  - Aim to prevent and illness, injury, disability, and death at public aquatic venues
    - Design, construction, operation, and management
- U.S. jurisdictions can voluntarily adopt the MAHC



# CDC Pool Chemical Safety Recommendations

- Design of pool chemical storage area/pump room
- Chemical storage
- Chemical handling
- Maintenance and repair
- Pool chemical training
- Emergency response plan
- Chemical packaging and labeling (for manufacturers)

# Design of Pool Chemical Storage Area/Pump Room

## Construction

- Include spill containment features to prevent chemical leaks or spills (MAHC 4.9.2.4.3)
- Easily accessible safety showers, eyewash stations (MAHC 4.9.2.1.4)
- Fire suppression equipment (MAHC 4.9.2.7.1.2)
- Adequate lighting (MAHC 4.9.1.2.2, 5.9.1.9)

## Air handling: indoor venues

- Separate air handling systems for chemical storage area, pump room, and venue area from rest of building  
(MAHC 4.9.2.5.1, 4.9.2.5.2, 4.9.2.6.1, 4.9.2.6.2)
- Well ventilated (MAHC 4.9.2.1.1, 4.9.2.5.2.3.1)

# Design of Pool Chemical Storage Area/Pump Room

## Engineering

- Device automatically deactivates chlorine/pH feed pumps when there is no or low flow in recirculation system (MAHC 4.7.3.2.1.3, 5.7.3.5.1.2)
- Alarm to alert aquatics staff if automatic shutoff triggered (MAHC 4.7.3.2.1.3.2, 5.7.3.5.1.2.1)

## Security

- Limit access to chemical storage (MAHC 4.9.2.3.2, 4.9.2.3.3)
- Provide door that automatically closes and locks (MAHC 4.9.2.4.5.2, 4.9.2.4.5.6)

## Personal protective equipment (PPE) and safety data sheets (SDS)

- Ensure availability of PPE (MAHC 5.9.1.10, 6.0.1.10) and up to date SDS in multiple locations (MAHC 4.9.2.4.1)



# Chemical Storage

Store chemicals in compliance with local building and fire codes (MAHC 5.9.1.1) and manufacturer's SDS and labels (MAHC 5.9.1.3)

## Examples:

- Store pool chemicals below 95°F and in conditions recommended by manufacturer
- Prevent chemicals from getting wet
- Store incompatible chemicals away from each other
- Store chemicals in original labeled containers
- Protect chemicals from heat sources
- Store and consume food away from chemicals

# Chemical Handling

Handle chemicals in compliance with OSHA and EPA regulations (MAHC 5.9.1.2)

- Allow only individuals trained in pool chemical safety practices to handle pool chemicals
- Post instructions on pool chemical safety practices in chemical storage room and pump room
- Respond to chemical spills immediately by following emergency response plan

**POOL CHEMICAL SAFETY: USE**  
PROTECT YOURSELF AND SWIMMERS FROM THE THOUSANDS OF PREVENTABLE INJURIES THAT OCCUR EACH YEAR

**BEFORE YOU USE POOL CHEMICALS**

- Get trained in pool chemical safety (for example, during operator training course)
- Ask for help if you are NOT trained for specific tasks
- Read entire product label or Material Safety Data Sheet (MSDS) before using
- Learn your pool's Emergency Chemical Spill Response Plan and practice steps (for example, evacuation)

**USING POOL CHEMICALS SAFELY**

- Dress for safety by wearing appropriate safety equipment (for example, safety goggles, gloves, and mask)
- Read chemical product label before each use
  - Handle in a well-ventilated area
  - Open one product container at a time and close it before opening another
  - Minimize dust, fumes, and splashes
  - Measure carefully
- Never mix
  - Chlorine products with acid; this could create toxic gases
  - Different pool chemicals (for example, different types of chlorine products) with each other or with any other substance
- Only pre-dissolve pool chemicals when directed by product label
  - If product label directs pre-dissolving, add pool chemical to water; NEVER add water to pool chemical because violent (potentially explosive) reaction can occur

*Always respond to pool chemical spills immediately. Follow your pool's Emergency Chemical Spill Response Plan, and be sure to contact the proper authorities and management.*

Pool Address and Phone Number:  
Emergency Response Phone Number:  
Local Health Department Phone Number:

For more information about the safe use of pool chemicals, check your pool safety plan or visit [www.cdc.gov/healthyswimming](http://www.cdc.gov/healthyswimming)

Department of Health and Human Services  
Centers for Disease Control and Prevention

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# Maintenance and Repair

- Close venue to swimmers if recirculation system not running or before servicing chlorine/pH control feed or recirculation system (MAHC 5.7.3.5.1.2.1)
- Turn off feed and recirculation system before servicing
- Ensure adequate ventilation and use PPE during maintenance and repair
- Ensure only properly trained people service systems
- Communicate and document maintenance and repairs
- Set up preventive maintenance program (MAHC 5.4.2)

# Pool Chemical Training

- Train all staff in pool chemical safety basics, including at least these topics (MAHC 6.0.1):
  - Safe chemical storage and handling procedures (MAHC 6.0.1.1)
  - Personal protective equipment procedures (MAHC 6.0.1.2)
  - Spill procedures (MAHC 6.0.1.3)
  - OSHA requirements (MAHC 6.0.1.4)
  - Chemical and SDS lists (MAHC 6.0.1.5)
- Training plan in place (MAHC 6.0.1.6)

# Emergency Response Plan

- Develop an emergency response plan that includes accidental chemical release procedures (MAHC 6.3.4.5.6.1), including:
  - How to determine when HAZMAT response needed
  - Response and cleanup
  - Training staff in these procedures
  - List of equipment and supplies for cleanup
- Availability of supplies for remediation should be verified weekly (MAHC 6.3.4.5.6.2)

# Chemical Packaging and Labeling (for Manufacturers)

- Package and label each pool chemical so that they can be easily identified
- Keep packaging and labeling consistent to avoid chemical mixing
  - Notify customers of any changes in packaging or labelling
- Consider identifying chemicals on container lids
- Use labels resistant to corrosion and deterioration

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## CDC co-authors

Kayla Vanden Esschert

Tad Haileyesus

Vince Hill

Joe Laco

## Contact Info

Michele Hlavsa, RN, MPH

[acz3@cdc.gov](mailto:acz3@cdc.gov)

+1 404 718 4695

[CDC Pool Chemical Safety](#)

For more information, contact CDC  
1-800-CDC-INFO (232-4636)  
TTY: 1-888-232-6348 [www.cdc.gov](http://www.cdc.gov)

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

